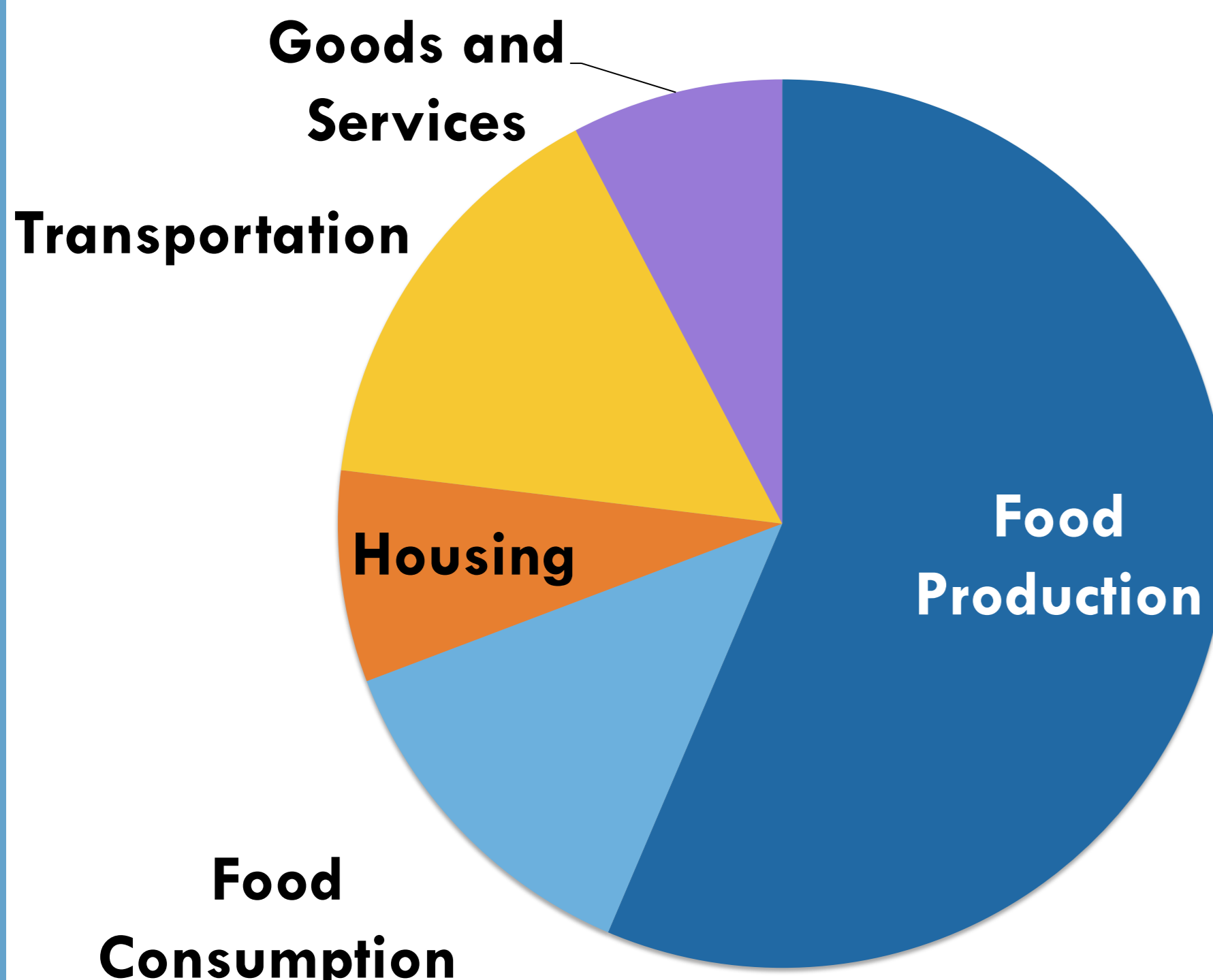
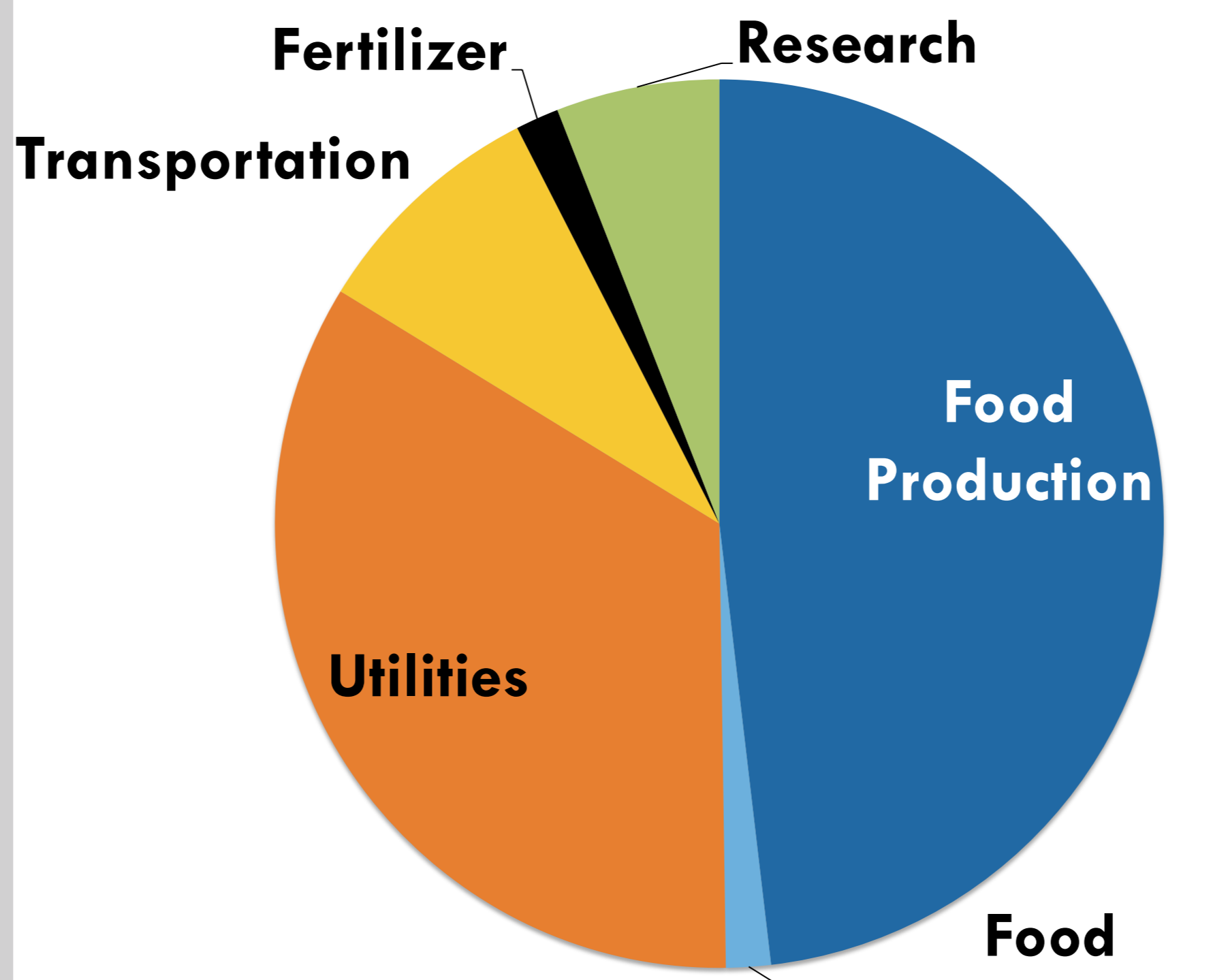
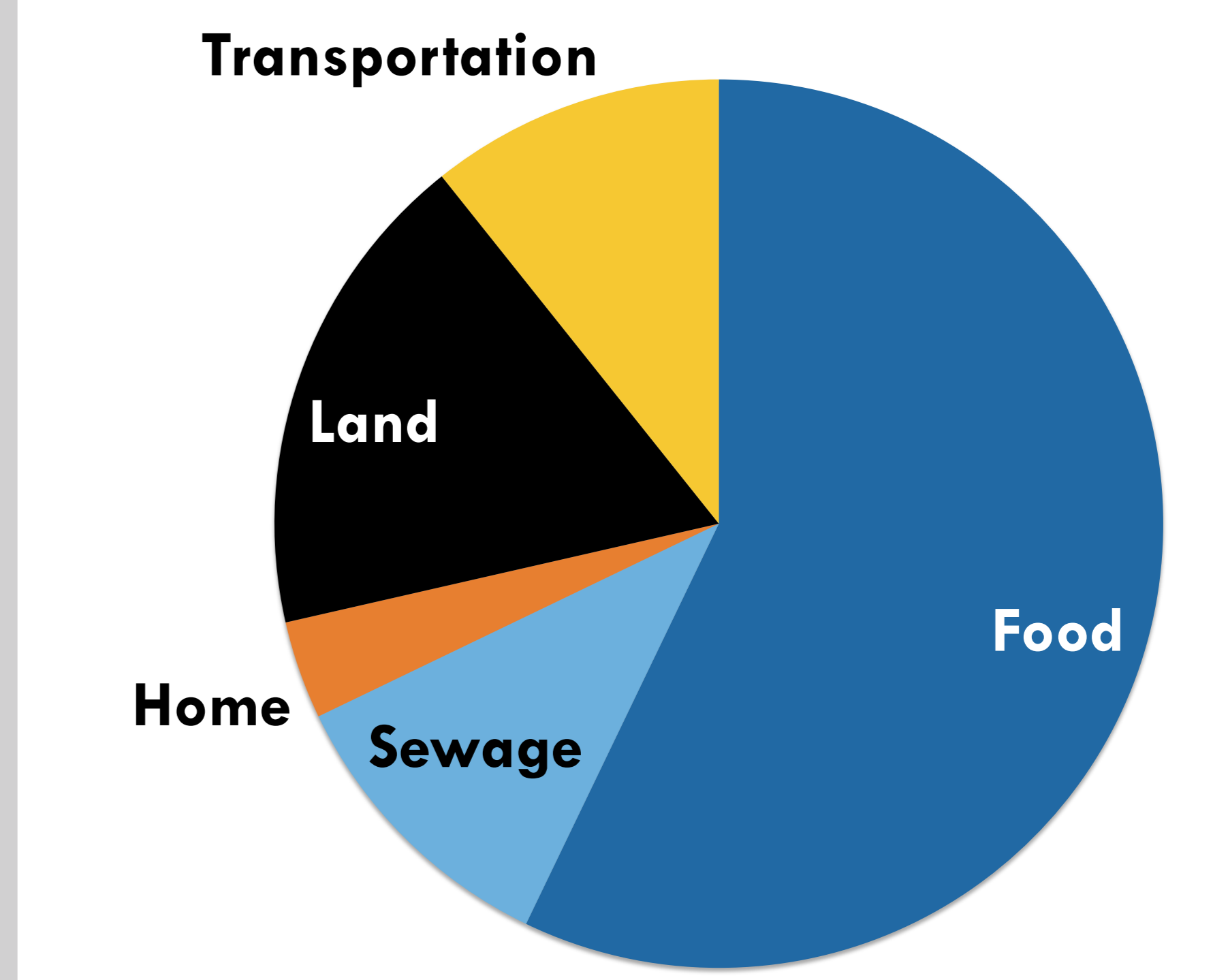


Integrating Nitrogen Footprints across Scales From Institution to Watershed




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	Individuals (N-Print)	Institutions	Watersheds
The N Footprint Tools	<p>N Footprint Calculation tools now exist for individuals by country, individuals by watershed, and institutions. Presented here is a summary of how the tools have been used and how they compare.</p>  <p>Figure 1. The average individual N footprint in the United States is 39 kg N per person per year.</p>	<p>Institution N footprints are being developed by a network of 18 colleges, universities, and research institutions in the United States, Australia, Canada, and the Netherlands.</p>  <p>Figure 2. The average of 7 US institution N footprints is 157 MT N per year (11 kg N per capita).</p>	<p>A new tool for the Chesapeake Bay allows individuals within the watershed to calculate their Bay N Footprint, the amount of N that enters the bay as part of their footprint.</p>  <p>Figure 3. A typical Bay N footprint is 14 kg N per person per year.</p>

How can footprint tools reduce N pollution?

Management Strategies	Individuals can learn about the impact their actions and become informed about sustainable practices.	Institutions can set N footprint reduction goals and assess management scenarios and projections.	Individuals can see their contributions to N pollution in the Chesapeake Bay and learn about sustainable practices.
			

What action can be taken to manage N footprints?

Reduction Goals	Individuals can:	Meeting University of Virginia's 25% N Footprint reduction goal will require combination of strategies:	If everyone in the watershed reduced their protein consumption to recommended levels, the Chesapeake Clean Water Blueprint pollution reduction goals would be met. Other strategies include:
	<ul style="list-style-type: none"> Reduce utility usage Use public transit, walk, and bike Eat recommended amount of protein Eat less animal protein and less beef Purchase sustainably produced food Reduce food waste 	<ul style="list-style-type: none"> Improve sewage treatment Improve energy efficiency reduce fossil fuel use on-site Reduce food waste Educate the community about the N footprint of food choices 	<ul style="list-style-type: none"> Reduce stormwater runoff Use public transit, walk, and bike Reduce utility usage

Summary	The Nitrogen Footprint Tool Network educates communities and promotes sustainability by connecting actions to impact. The development of new N footprint tools helps us understand how entities contribute to N pollution and how they can manage their impact.	Learn More N-print.org calc.nprint.org